

St. Paul's Cathedral *the City*
EPISCOPAL + ANGLICAN



**August 7, 2011
10:30 A.M.**

**The Eighth Sunday
after Pentecost
(Proper 14)**

Whoever you are, wherever you find yourself on the journey of faith, we welcome you!

Welcome to St. Paul's Cathedral

The Episcopal Diocese of San Diego

The Worldwide Anglican Communion

Whoever you are, and wherever you find yourself on the journey of faith, we welcome you and invite your full participation in today's worship.

BCP page numbers refer to the red Book of Common Prayer (BCP).

Hymns may be found in the blue Hymnal 1982.

A period of silence is held after each reading and the sermon.

The order of service can also be followed beginning on BCP page 355.

As a courtesy to others, please silence cell phones and pagers.

THE HOLY EUCHARIST, RITE II

ORGAN VOLUNTARY

Voluntary in D

John Stanley (1712–1786)

§ *The Congregation stands at the tolling of the bell.*

THE ACCLAMATION

S 76

Presider

Bless - ed be God: Father, Son, and Ho - ly Spi - rit.

People

And blessed be God's kingdom, now and for ev - er. A - men.

HYMN 249

1 To the Name of our sal - va - tion laud and hon - or
 2 Je - sus is the Name we trea - sure; Name be - yond what
 3 'Tis the Name that who - so preach - eth speaks like mu - sic
 4 There - fore we, in love a - dor - ing, this most bless - ed

let us pay, which for man - ya gen - er - a - tion
 words can tell; Name of glad - ness, Name of plea - sure,
 to the ear; who in prayer this Name be - seech - eth
 Name re - vere, ho - ly Je - sus, thee im - plor - ing

hid in God's fore - know - ledge lay; but with ho - ly
 ear and heart de - light - ing well; Name of sweet - ness,
 sweet - est com - fort find - eth near; who its per - fect
 so to write it in us here that here - af - ter,

ex - ul - ta - tion we may sing a - loud to - day.
 pass - ing mea - sure, sav - ing us from sin and hell.
 wis - dom reach - eth, heaven - ly joy pos - sess - eth here.
 heaven - ward soar - ing, we may sing with an - gels there.

Words: Latin, 15th cent.; tr. *Hymns Ancient and Modern*, 1861

Music: Grafton, melody from *Chants ordinaires de l'Office Divin*, 1861; harm. *Songs of Praise*, 1925

THE WORD OF GOD

THE COLLECT OF THE DAY

BCP 232

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. **Amen.**

§ *Please be seated*

THE FIRST LESSON

1 Kings 19:9-18

At Horeb the mount of God, Elijah came to a cave, and spent the night there. Then the word of the Lord came to him, saying, "What are you doing here, Elijah?" He answered, "I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." He said, "Go out and stand on the mountain before the Lord, for the Lord is about to pass by." Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the Lord, but the Lord was not in the wind; and after the wind an earthquake, but the Lord was not in the earthquake; and after the earthquake a fire, but the Lord was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, "What are you doing here, Elijah?" He answered, "I have been very zealous for the Lord, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." Then the Lord said to him, "Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your

place. Whoever escapes from the sword of Hazael, Jehu shall kill; and whoever escapes from the sword of Jehu, Elisha shall kill. Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him.”

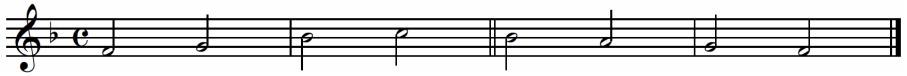
Reader The Word of the Lord.

People **Thanks be to God.**

GRADUAL PSALM 85:8-13

Benedixisti, Domine

BCP 709



- 8 I will listen to what the LORD God is / saying, *
for he is speaking peace to his faithful people
and to those who turn their / hearts to him.
- 9 Truly, his salvation is very near to those who / fear him, *
that his glory may dwell in our / land.
- 10 Mercy and truth have met to/gether; *
righteousness and peace have kissed each / other.
- 11 Truth shall spring up from the / earth, *
and righteousness shall look down from / heaven.
- 12 The LORD will indeed grant pros/perity, *
and our land will yield its / increase.
- 13 Righteousness shall go be/fore him, *
and peace shall be a pathway for his / feet.

THE SECOND LESSON

Romans 10:5-15

Moses writes concerning the righteousness that comes from the law, that “the person who does these things will live by them.” But the righteousness that comes from faith says, “Do not say in your heart, ‘Who will ascend into heaven?’” (that is, to bring Christ down) “or ‘Who will descend into the abyss?’” (that is, to bring Christ up from the dead). But what does it say? “The word is near you, on your lips and in your heart” (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, “No one who believes in him will be put to shame.” For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For, “Everyone who calls on the name of the Lord shall be saved.” But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, “How beautiful are the feet of those who bring good news!”

Reader The Word of the Lord.

People **Thanks be to God.**

§ *Please stand*

ALLELUIA VERSE (*Cantor, then all repeat*)

Alleluia. Alleluia. Alleluia.

The Lord is faithful in all / his words

And merciful / in all his deeds

Alleluia. Alleluia. Alleluia.

THE HOLY GOSPEL

Matthew 14:22-33

Gospeller The Holy Gospel of our Lord Jesus Christ
according to Matthew.

People **Glory to you, Lord Christ.**

Jesus made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking toward them on the sea. But when the disciples saw him walking on the sea, they were terrified, saying, "It is a ghost!" And they cried out in fear. But immediately Jesus spoke to them and said, "Take heart, it is I; do not be afraid." Peter answered him, "Lord, if it is you, command me to come to you on the water." He said, "Come." So Peter got out of the boat, started walking on the water, and came toward Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, "Lord, save me!" Jesus immediately reached out his hand and caught him, saying to him, "You of little faith, why did you doubt?" When they got into the boat, the wind ceased. And those in the boat worshiped him, saying, "Truly you are the Son of God."

Gospeller The Gospel of the Lord.

People **Praise to you, Lord Christ.**

§ *Please be seated at the introduction of the sermon*

THE SERMON

The Rev. Canon Richard Lief

THE NICENE CREED

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:

by the power of the Holy Spirit

he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;
he ascended into heaven

and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.

With the Father and the Son he is worshiped and glorified.

He has spoken through the Prophets.

We believe in one holy catholic and apostolic Church.

We acknowledge one baptism for the forgiveness of sins.

We look for the resurrection of the dead,

and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

The Leader and People pray responsively

In peace, we pray to you, Lord God.

Silence

For all people in their daily life and work;
People **For our families, friends, and neighbors,
and for those who are alone.**

For this community, the nation, and the world;
For all who work for justice, freedom, and peace.

For the just and proper use of your creation;
For the victims of hunger, fear, injustice, and oppression.

For all who are in danger, sorrow, or any kind of trouble;
For those who minister to the sick, the friendless, and the needy.

For the peace and unity of the Church of God;
For all who proclaim the Gospel, and all who seek the Truth.

For Katharine our Presiding Bishop, James our Bishop; and for all
bishops and other ministers;
For all who serve God in his Church.

For the special needs and concerns of this congregation.

The Intercessor offers prayers on behalf of the congregation and bids their prayers.

Silence

Hear us, Lord;
For your mercy is great.

We thank you, Lord, for all the blessings of this life.

Silence

We will exalt you, O God our King;
And praise your Name for ever and ever.

We pray for all who have died, that they may have a place in your
eternal kingdom.

The Intercessor offers prayers on behalf of the congregation and bids their prayers.

Silence

Lord, let your loving-kindness be upon them;

Who put their trust in you.

Silence may be kept.

The Presider says the concluding Collect

Almighty and eternal God, ruler of all things in heaven and earth: Mercifully accept the prayers of your people, and strengthen us to do your will; through Jesus Christ our Lord. **Amen.**

CONFESSION OF SIN

BCP 360

Deacon Let us confess our sins against God and our neighbor.

§ *The People may stand or kneel.*

Silence

All **Most merciful God,**
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. **Amen.**

THE ABSOLUTION

Presider Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life.
Amen.

§ *Please stand.*

THE PEACE

Presider The peace of the Lord be always with you.

People **And also with you.**

§ *The People greet one another in the name of the Lord.*

GREETINGS AND ANNOUNCEMENTS

THE HOLY COMMUNION

Laying on of hands for healing—for your own needs or for the needs of another person—is available during Communion north of the communion rail.

OFFERTORY HYMN 428

1 O all ye works of God, now come to thank him
2 O sun and moon and stars of heaven, your end - less
3 O heat and cold, O night and day, O storms and
4 O earth and sea, O all that live in wa - ter
5 O let his peo - ple bless the Lord like right - eous

1 and a - dore; O an - gels, sing and
2 praise out - pour; O chang - ing sea - sons,
3 thun - der's roar, O fields and for - ests,
4 or on shore, O men and wo - men,
5 souls of yore; let those of ho - ly,

1 bless the Lord and praise him ev - er - more.
2 bless the Lord and praise him ev - er - more.
3 bless the Lord and praise him ev - er - more.
4 bless the Lord and praise him ev - er - more.
5 hum - ble heart come praise him ev - er - more.

6 So let us glorify and bless
the God we bow before,
the Father, Holy Spirit, Son,
and praise him evermore.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

SANCTUS S 130

Franz Peter Schubert (1797-1828)

Ho - ly, ho - ly, ho - ly Lord, God of power and

might, Ho - ly, ho - ly, ho - ly Lord,

God of power and might, hea - ven and earth are

full, full of your glo - ry. Ho -

san - na in the high - est. Ho - san - na

in the high - est. Bless - ed is he who comes
 in the name of the Lord. Ho - san - na
 in the high - est. Ho - san - na in the high - est.

From *Deutsche Messe*, Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937)

§ *The People stand or kneel.*

The Presider continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

Presider and People

**We celebrate his death and resurrection,
as we await the day of his coming.**

God of our holy and righteous ancestors; God of Abraham, Isaac and Jacob; God of Miriam, Deborah, Hannah, and Naomi; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. ✠ Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

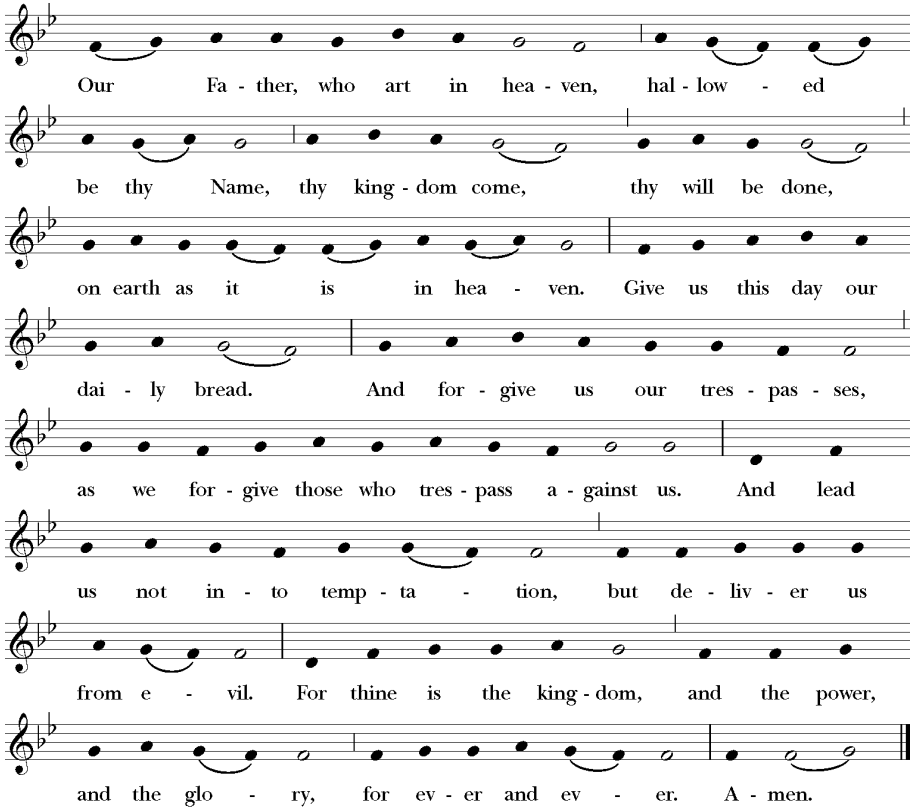
Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say, ►

THE LORD'S PRAYER

S 119



Our Fa - ther, who art in hea - ven, hal - low - ed
be thy Name, thy king - dom come, thy will be done,
on earth as it is in hea - ven. Give us this day our
dai - ly bread. And for - give us our tres - pas - ses,
as we for - give those who tres - pass a - gainst us. And lead
us not in - to temp - ta - tion, but de - liv - er us
from e - vil. For thine is the king - dom, and the power,
and the glo - ry, for ev - er and ev - er. A - men.

Setting: Plainsong; adapt. Charles Winfred Douglas (1867-1944)

THE FRACTION: THE BREAKING OF THE BREAD

A period of silence follows as the Bread is broken.

FRACTION ANTHEM

Agnus Dei

S 164

Schubert

Je - sus, Lamb of God: have mer - cy on us.

Je - sus, bear - er of our sins: have mer - cy on us.

Je - sus, re - deem - er, re - deem - er of the world:

give us your peace, give us your peace.

From *Deutsche Messe*, Franz Peter Schubert (1797-1828); arr. Richard Proulx (b. 1937)

THE INVITATION

Presider The gifts of God for the People of God.

After the Invitation has been given, please be seated or kneel until you are ushered to the Communion rail.

- *When taking Communion, you may wish to partake of only the Bread. After receiving it, you may cross your arms across your chest to signal to the chalice bearer that you do not wish to receive the wine. (The Chalice Bearer will pause with the cup and say the words.)*
- *If you want to receive the Cup by intinction (dipping), please allow the chalice bearer to intinct the bread for you. The altar servers all sanitize their hands before the distribution of communion.*

AT THE COMMUNION, ANTHEM

THE POSTCOMMUNION PRAYER

BCP 365

Presider Let us pray.

All **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

THE BLESSING

Presider The blessing of God Almighty, ✠ the Father, the Son, and the Holy Spirit, be upon you, and remain with you forever. **Amen.**

§ *Please stand.*

HYMN 390

1 Praise to the Lord, the Al - might - y, the King of cre -
 2 Praise to the Lord; o - ver all things he glo - rious - ly
 3 Praise to the Lord, who doth pros - per thy way and de -
 4 Praise to the Lord! O let all that is in me a -

a - tion; O my soul, praise him, for he is thy
 reign - eth: borne as on ea - gle - wings, safe - ly his
 fend thee; sure - ly his good - ness and mer - cy shall
 dore him! All that hath life and breath come now with

health and sal - va - tion: join the great throng, psal - ter - y,
 saints he sus - tain - eth. Hast thou not seen how all thou
 ev - er at - tend thee; pon - der a - new what the Al -
 prais - es be - fore him! Let the a - men sound from his

or - gan, and song, sound - ing in glad ad - o - ra - tion.
 need - est hath been grant - ed in what he or - dain - eth?
 might - y can do, who with his love doth be - friend thee.
 peo - ple a - gain; glad - ly for ev - er a - dore him.

Words: Joachim Neander (1650-1680); tr. *Hymnal* 1940, alt.
 Music: *Lobe den Herren*, melody from *Erneuerten Gesangbuch*, 1665; harm. *The Chorale Book for England*,
 1863; desc. Craig Sellar Lang (1891-1971); Copyright: Words: © The Church Pension Fund. Music:

THE DISMISSAL

Deacon Go in peace to love and serve the Lord.

People **Thanks be to God.**

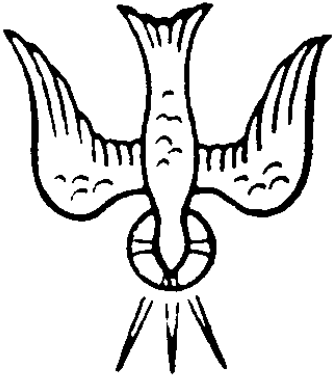
ORGAN VOLUNTARY *Postlude in C* Arthur William Foote (1853–1937)

St. Paul's recycles: we use recycled paper products whenever practical, and we recycle all unused and discarded bulletins. Please use the blue recycle bins in the north and south porch entrances.



PARTICIPANTS	
Presider	The Rev. Canon Allisyn Thomas
Preacher	The Rev. Canon Richard Lief
Assisting Clergy	The Rev. Canon Anne Chisham
Head Verger	Canon Brooks Mason
Lectors	Laurie Gunn, Robert Heylmun
Intercessor	Deedra Hardman
Chalice Bearers	Roger Haenke, Robert Heylmun, Carl Wolter
Acolytes	Jeff Bates, Joe Bruglio, Adrianna Longmire, Mike Pineda, Carl Wolter
Thurifer	Lisa Churchill
Vergers	Bill Eadie, Brad Lovelace
Sacristans	Elaine Brougham, Rew Carne, Almira Fort, Todd Hurrell, Guillermo Menendez, Paula Peeling, Bob Spalding
Usher-in-Charge	John Heaney
Organist and Choirmaster	Canon Martin Green
Organist-in-Residence	Dr. Carol Williams

Memorial Evensong for the victims in Norway — tonight, August 7, 5:00 pm



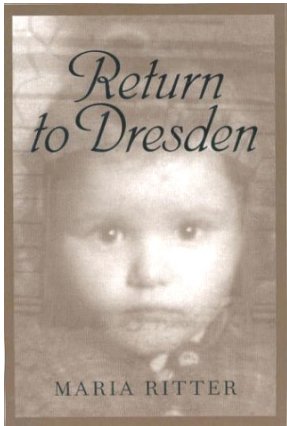
A Memorial Evensong in honor of the victims of the Oslo-area terrorist attacks and their devastated families will be offered at St. Paul's Cathedral tonight at 5:00 pm. We will sing Norwegian, Swedish and Danish memorial hymns during the Prayer Book liturgy and offer prayers for the Lutheran State Church of Norway as it ministers to a nation in horrific shock and grief. Special prayers will also be offered for the San Diego Norwegian-American community as it gathers at the same time for mutual support at the House of Norway in Balboa Park.

The officiant for tonight's Evensong will be The Very Rev. James Carroll, Dean Emeritus at St. Paul's. The homilist will be The Rev. Canon Jack Lindquist, who is St. Paul's Cathedral Canon for Biblical Studies and who has a Scandinavian Lutheran background. Everyone is invited to join us as we invoke the hope and peace of the God of Life upon all stricken Norwegian people, regardless of faith.



After the service there will be a reception in the Courtyard.

Attend our 9:00 AM Forum in the Great Hall next Sunday, August 14



On February 13-14, 1945, when **Maria Ritter** was three years old, Allied fire-bombing raids incinerated the city of Dresden and killed, by some estimates, 120,000 people including Maria's grandmother and



many of her relatives. Maria's father, a Methodist minister, was drafted into the German army and killed in Croatia two months later. With extraordinary skill her mother brought Maria and her three older brothers through the Dresden inferno, cared for them as refugees in Communist East Germany for four years, and then sneaked them through the forests into the West and a new life in 1949.

After the collapse of Communism forty years later, Maria began her return journeys to the scenes of her family's terror, dealing with her own long-repressed traumas and the German guilt of the Nazi past, wondering about even her own beloved father. It is this powerfully personal story that she shares in her public presentation and in her deeply moving book, *Return to Dresden*, which will be available after the forum.

Dr. Maria Ritter is a clinical psychologist and psychoanalyst in La Jolla, a close friend and colleague of our own Dr. Patricia Lindquist, and the wife of The Rev. Winfried Ritter, retired pastor of La Jolla United Methodist Church. Dr. Ritter has invited St. Paul's Canon Jack Lindquist to introduce her presentation and supplement it on the fall of Nazi Germany.



Dr. Mark Trotter, St. Paul's Preacher-in-Residence, describes her book as "in the tradition of the classical heroic journeys; those who have the courage to embark on them receive many wounds but emerge as new persons with a precious gift to enrich the lives of others."

Learn more about the effect of WWII from the perspective of a child in Germany—not only about the raw experience of war itself, but the struggles and shame after the war.

Hear her story of survival and the resilience of the human spirit.

Experience the importance of coming to terms with the struggles of the past and learning to be at peace with them.

Come hear Dr. Maria Ritter next Sunday, August 14, at 9:00 AM!

Welcome to St. Paul's Cathedral

*The Episcopal Diocese of San Diego
The Worldwide Anglican Communion*

**PLEASE JOIN US for refreshments and fellowship
in the Queen's Courtyard after the service.**

St. Paul's Cathedral is home to a vibrant, growing Episcopal congregation in the urban heart of San Diego. Social justice and community outreach are central to the Cathedral's spiritual core. To learn more about membership, please speak to one of the clergy after the service, or visit the Welcome Table in the courtyard following services, or call the cathedral office at 619.298.7261 ext. 334.



Sunday Services: Holy Eucharist 8 AM and 10:30 AM; Misa en Español 1:00 PM; Evensong 5:00 PM; Children's Godly Play 10:30 AM.

Daily Services: Monday-Friday: Morning and Evening Prayer, 8:30 a.m. and 5:00 p.m.; Saturday at 8:30 a.m. only; Holy Eucharist at 12 noon on Monday-Saturday. The church office is open Monday through Friday 9 a.m.–12:30 p.m. and 1:30–5:00 p.m.

The many activities at the Cathedral each week are summarized in the **Cathedral Life announcements** insert in today's bulletin.

Restrooms are located on the first and second floor of the Cathedral Office Building. Please ask an usher for directions.

Flower donations are welcome for memorials or celebrations. Please call the office to convey date, in memory of/thanksgiving for, and your name.

Large print bulletins and assisted hearing devices are available at morning services and are available from an usher.

If you wish, you may listen to the service via the **outdoor speakers** in the Fifth Avenue courtyard. Chairs are also available.

Noise carries a long way within the Cathedral's interior. As a courtesy to others, **please mute your phone** so as to maintain a peaceful environment for worship.

St. Paul's Cathedral

EPISCOPAL ✦ ANGLICAN

2728 Sixth Avenue San Diego, CA 92103
619-298-7261 StPaulCathedral.org