


St. Paul's Cathedral *the City*
EPISCOPAL + ANGLICAN



**February 5, 2012
8:00 a.m.**

**The Fifth Sunday
after The Epiphany**

Whoever you are, wherever you find yourself on the journey of faith, we welcome you!

THE HOLY EUCHARIST, RITE II

Whoever you are, and wherever you find yourself on the journey of faith, we welcome you and invite your full participation in today's worship.

BCP page numbers refer to the red Book of Common Prayer (BCP). A period of silence is held after each reading and the sermon. The order of service can also be followed beginning on BCP page 355. As a courtesy to others, please silence electronic devices.

We thank you for your care when gently raising or lowering the kneelers in the pews.

§ *The Congregation stands at the tolling of the bell.*

THE WORD OF GOD

THE ACCLAMATION

Presider Blessed be God: Father, Son, and Holy Spirit.

People **And blessed be God's kingdom, now and for ever. Amen.**

Presider Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. **Amen.**

GLORIA

BCP 356

Glory to God in the highest,

and peace to his people on earth.

Lord God, heavenly King, almighty God and Father,

we worship you, we give you thanks,

we praise you for your glory.

Lord Jesus Christ, only Son of the Father,

Lord God, Lamb of God,

you take away the sin of the world: have mercy on us;

you are seated at the right hand of the Father:

receive our prayer.

For you alone are the Holy One, you alone are the Lord,

you alone are the Most High, Jesus Christ,

with the Holy Spirit,

in the glory of God the Father. Amen.

Presider The Lord be with you.

People **And also with you.**

Presider Let us pray.

Set us free, O God, from the bondage of our sins, and give us the liberty of that abundant life which you have made known to us in your Son our Savior Jesus Christ; who lives and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

§ *Please be seated.*

THE FIRST LESSON

Isaiah 40:21-31

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

Reader The Word of the Lord.

People **Thanks be to God.**

- 1 Hallelujah!
How good it is to sing praises to our God! *
how pleasant it is to honor him with praise!
- 2 The LORD rebuilds Jerusalem; *
he gathers the exiles of Israel.
- 3 He heals the brokenhearted *
and binds up their wounds.
- 4 He counts the number of the stars *
and calls them all by their names.
- 5 Great is our LORD and mighty in power; *
there is no limit to his wisdom.
- 6 The LORD lifts up the lowly, *
but casts the wicked to the ground.
- 7 Sing to the LORD with thanksgiving; *
make music to our God upon the harp.
- 8 He covers the heavens with clouds *
and prepares rain for the earth;
- 9 He makes grass to grow upon the mountains *
and green plants to serve mankind.
- 10 He provides food for flocks and herds *
and for the young ravens when they cry.
- 11 He is not impressed by the might of a horse; *
he has no pleasure in the strength of a man;
- 12 But the LORD has pleasure in those who fear him, *
in those who await his gracious favor.
- 21 Hallelujah!

THE SECOND LESSON

1 Corinthians 9:16-23

If I proclaim the gospel, this gives me no ground for boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

Reader The Word of the Lord.

People **Thanks be to God.**

§ *Please stand.*

THE HOLY GOSPEL

Mark 1:29-39

Gospeller The Holy Gospel of our Lord Jesus Christ according to Mark.
People **Glory to you, Lord Christ.**

Jesus and his disciples left the synagogue at Capernaum and entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told him about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place, and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighboring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

Gospeller The Gospel of the Lord.
People **Praise to you, Lord Christ.**

§ *Please be seated at the introduction of the sermon.*

THE SERMON

The Very Rev. Scott Richardson

§ *Please stand for the Creed.*

We believe in one God,
the Father, the Almighty,
maker of heaven and earth,
of all that is, seen and unseen.

We believe in one Lord, Jesus Christ,
the only Son of God,
eternally begotten of the Father,
God from God, Light from Light,
true God from true God,
begotten, not made,
of one Being with the Father.

Through him all things were made.

For us and for our salvation he came down from heaven:
by the power of the Holy Spirit
he became incarnate from the Virgin Mary,
and was made man.

For our sake he was crucified under Pontius Pilate;
he suffered death and was buried.

On the third day he rose again in accordance with the Scriptures;
he ascended into heaven
and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead,
and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life,
who proceeds from the Father and the Son.
With the Father and the Son he is worshiped and glorified.
He has spoken through the Prophets.
We believe in one holy catholic and apostolic Church.
We acknowledge one baptism for the forgiveness of sins.
We look for the resurrection of the dead,
and the life of the world to come. Amen.

THE PRAYERS OF THE PEOPLE

The Leader and People pray responsively

Intercessor

Let us pray to the God of compassion who heals the broken and binds up their wounds.

For the church throughout the world and for all who proclaim the message of God's healing love.

Lord, have mercy.

For Katharine our Presiding Bishop, James our Bishop, for all bishops, presbyters, and deacons.

Lord, have mercy.

For our 38th annual diocesan convention as we gather in fellowship, business meetings, and workshops to explore God's mission and spirit in the world.

Lord, have mercy.

For the leaders of the nations and for all who promote human dignity.

Lord, have mercy.

For the sick in body, mind, or spirit and for all who assist them with hands of healing.

The Intercessor offers prayers on behalf of the congregation and bids their prayers.

For those who have passed through suffering and death and for the dawn of eternal life in God's presence.

The Intercessor offers prayers on behalf of the congregation and bids their prayers.

For ourselves, our families, and companions on the way.

Lord, have mercy.

The Presider says the concluding Collect

God, who cures the sick and raises the dead to life, hear our fervent prayers and enable us to proclaim your gospel; through Jesus Christ our Lord. **Amen.**

CONFESSION OF SIN

BCP 360

Priest Let us confess our sins against God and our neighbor.

§ *The People may stand or kneel.*

Silence

All **Most merciful God,**
we confess that we have sinned against you
in thought, word, and deed,
by what we have done,
and by what we have left undone.
We have not loved you with our whole heart;
we have not loved our neighbors as ourselves.
We are truly sorry and we humbly repent.
For the sake of your Son Jesus Christ,
have mercy on us and forgive us;
that we may delight in your will,
and walk in your ways,
to the glory of your Name. Amen.

THE ABSOLUTION

Presider Almighty God have mercy on you, forgive you all your sins
through our Lord Jesus Christ, strengthen you in all goodness,
and by the power of the Holy Spirit keep you in eternal life.
Amen.

§ *Please stand.*

THE PEACE

Presider The peace of the Lord be always with you.
People **And also with you.**

§ *The People greet one another in the name of the Lord.*

GREETINGS AND ANNOUNCEMENTS

THE HOLY COMMUNION

THE GREAT THANKSGIVING

Eucharistic Prayer B

BCP 367

Presider The Lord be with you.

People **And also with you.**

Lift up your hearts.

We lift them to the Lord.

Let us give thanks to the Lord our God.

It is right to give our thanks and praise.

The Presider continues

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Because in the mystery of the Word made flesh, you have caused a new light to shine in our hearts, to give the knowledge of your glory in the face of your Son Jesus Christ our Lord.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

SANCTUS *(Presider and People)*

**Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.**

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The Presider continues

We give thanks to you, O God, for the goodness and love which you have made known to us in creation; in the calling of Israel to be your people; in your Word spoken through the prophets; and above all in the Word made flesh, Jesus, your Son. For in these last days you sent him to be incarnate from the Virgin Mary, to be the Savior and Redeemer of the world. In him, you have delivered us from evil, and made us worthy to stand before you. In him, you have brought us out of error into truth, out of sin into righteousness, out of death into life.

On the night before he died for us, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore, according to his command, O Father,

Presider and People

**We remember his death,
We proclaim his resurrection,
We await his coming in glory;**

The Presider continues

And we offer our sacrifice of praise and thanksgiving to you, O Lord of all; presenting to you, from your creation, this bread and this wine.

We pray you, gracious God, to send your Holy Spirit upon these gifts that they may be the Sacrament of the Body of Christ and his Blood of the new Covenant. ✠ Unite us to your Son in his sacrifice, that we may be acceptable through him, being sanctified by the Holy Spirit. In the fullness of time, put all things in subjection under your Christ, and bring us to that heavenly country where, with all your saints, we may enter the everlasting heritage of your sons and daughters; through Jesus Christ our Lord, the firstborn of all creation, the head of the Church, and the author of our salvation.

By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. **AMEN.**

And now, as our Savior Christ has taught us, we are bold to say, ►

**Our Father, who art in heaven,
hallowed be thy Name, thy kingdom come,
thy will be done, on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
and the power, and the glory, for ever and ever. Amen.**

THE BREAKING OF THE BREAD

A period of silence follows as the Bread is broken.

Presider Alleluia. Christ our Passover is sacrificed for us.
People **Therefore let us keep the feast. Alleluia.**

THE INVITATION

Presider The gifts of God for the People of God.

After the Invitation has been given, please be seated or kneel until you are ushered to the Communion rail. Please take your purse or valuables with you to the rail.

When taking Communion, you may partake of only the Bread. After receiving it, you may cross your arms across your chest to signal to the chalice bearer that you do not wish to receive the wine. (The Chalice Bearer will pause with the cup and say the words.)

If you want to receive the Cup by intinction (dipping), please allow the chalice bearer to intinct the bread for you. The altar servers all sanitize their hands before the distribution of communion.

THE POSTCOMMUNION PRAYER

Presider Let us pray.

All **Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.**

THE BLESSING

§ *Please stand.*

Presider May Christ, the Son of God, be manifest in you, that your lives may be a light to the world; and the blessing of God Almighty, ✠ the Father, the Son, and the Holy Spirit, be among you, and remain with you always. **Amen.**

THE DISMISSAL

Priest Go in peace to love and serve the Lord.

People **Thanks be to God.**

Presider: The Rev. Canon Dorothy Curry; **Preacher:** The Very Rev. Scott Richardson; **Assisting:** The Rev. Canon Joan Butler Ford; **Lector/Intercessor:** Mim Sellgren; **Chalice Bearer:** Stew Dadmun; **Acolyte:** Judy Preston; **Sacristans:** Elaine Brougham, Rew Carne, Almira Fort, Todd Hurrell, Guillermo Menendez, Paula Peeling, Bob Spalding; **Usher-in-Charge:** Rich Davis.

St. Paul's recycles: we use recycled paper products whenever practical, and we recycle all unused and discarded bulletins. Please use the blue recycle bins in the north and south porch entrances.



New Episcopal Church Website



THE *Episcopal* CHURCH

CALENDAR FIND A CHURCH CONTACT

WHAT WE BELIEVE WHAT WE DO WHO WE ARE MINISTRIES OUR HISTORY *welcomes you*

CUSTOMIZE your STAINED GLASS

God of all creation, you call us in Christ to make disciples of all nations and to proclaim your mercy and love: Grant that we, after the example of your servant Julia Chester Emery, may have vision and courage in proclaiming the Gospel to the ends of the earth; through Jesus Christ our light and our salvation, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. Amen.
- Julia Chester Emery, Missionary, 1922

WORSHIP
WORSHIP with us

PRAYER
SUBMIT your PRAYERS

FIND your CHURCH
ENTER ZIP CODE:

TODAY
The Executive Council of the Episcopal Church will meet January 27-29 at the Conference Center at the Martin Luther King, Jr. Center for Non-Violent Social Change in Washington, DC (Diocese of Maryland). Media representatives wishing to attend the meeting must secure credentials.
[Read More >>](#)


Paul Nix of Atlanta, GA has been named interim Legal Counsel for the Episcopal Church to fill the post vacated by the retirement of

www.episcopalchurch.org

On December 28, 2011, the Episcopal Church launched a fully redesigned website: www.EpiscopalChurch.org.

The new website, which can be viewed in English and Spanish, features a motif of stained-glass windows, each depicting an image of our contemporary church. By clicking on the stained-glass panes, visitors can watch videos and see photographs of the worship and mission of the Episcopal Church.

In addition to its new look, the site has many exciting new features, including a powerful new search engine, interactive capabilities, social media, and multimedia offerings, such as live and on-demand worship services.

“The new website enables sharing and conversation,” noted Anne Rudig, director of the Episcopal Church’s Office of Communication. “We are offering many new features, many new opportunities to be in community.” 

Evensong

Tonight at 5:00 p.m. at St. Paul's Cathedral

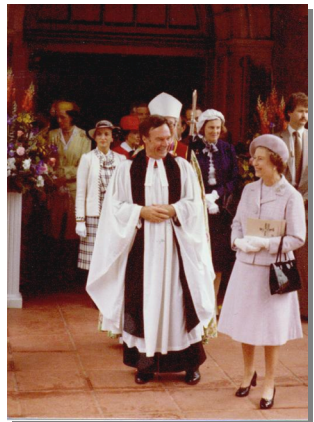
Excerpted from the *Evensong* bulletin:

Within the service of *Evensong*, a unique part of our Anglican heritage, there is a liturgical, architectural, and musical space into which we may bring our daily anxieties and pre-occupations, all while being reminded of the loving mercies of the God whose saving acts we celebrate. The censuring of altar, cross, ministers and people during the Song of Mary (the *Magnificat*) testifies to the God who is present in Mary's body as continuous with the God of the Exodus whose signs of presence were the pillar of fire by night and the pillar of smoke by day.



Evensong—called the jewel in the crown of Anglicanism—offers a worship experience that allows us, with all our senses, to express our hopes and thanksgivings to the God and Father of our Lord Jesus Christ.

We invite you to join us for this evening's special service on the Occasion of Accession Day of Queen Elizabeth II with prayer in thanksgiving for her Diamond Jubilee.



Queen Elizabeth II visiting St. Paul's, San Diego, on 27 February 1983

Welcome to St. Paul's Cathedral

*The Episcopal Diocese of San Diego
The Worldwide Anglican Communion*

**PLEASE JOIN US for refreshments and fellowship
in the Queen's Courtyard after the service.**

St. Paul's Cathedral is home to a vibrant, growing Episcopal congregation in the urban heart of San Diego. Social justice and community outreach are central to the Cathedral's spiritual core. To learn more about membership, please speak to one of the clergy after the service, or visit the Welcome Table in the courtyard following services, or call the Cathedral office at 619.298.7261 ext. 334.



Sunday Services: Holy Eucharist 8 a.m. and 10:30 a.m.; Misa en Español 1:00 p.m.; Evensong 5:00 p.m.; Children's Godly Play 10:30 a.m..

Daily Services: Monday-Friday: Morning and Evening Prayer, 8:30 a.m. and 5:00 p.m.; Saturday at 8:30 a.m. only; Holy Eucharist at 12 noon on Monday-Saturday. The church office is open Monday through Friday 9 a.m.–12:30 p.m. and 1:30–5:00 p.m.

The many activities at the Cathedral each week are summarized in the **Cathedral Life announcements** insert in today's bulletin.

Restrooms are located on the first and second floor of the Cathedral Office Building. Please ask an usher for directions.

Flower donations are welcome for memorials or celebrations. Please call the office to convey date, in memory of/thanksgiving for, and your name.

Large print bulletins and assisted hearing devices are available at morning services and are available from an usher.

If you wish, you may listen to the service via the **outdoor speakers** in the Fifth Avenue courtyard. Chairs are also available.

Noise carries a long way within the Cathedral's interior. As a courtesy to others, **please mute your phone** so as to maintain a peaceful environment for worship.

St. Paul's Cathedral

EPISCOPAL ✦ ANGLICAN

2728 Sixth Avenue San Diego, CA 92103

619-298-7261

StPaulCathedral.org