

### TODAY...

#### **FLOWERS ARE GIVEN TODAY** in loving memory of Gregory Neff from his family

**BLOOD PRESSURE CHECK** – Following the 8 am and 10:30 am services, Queen's Courtyard.

**FORUM: CONTINUING REFLECTIONS ON THE MULTI-CULTURAL PROCESS** – 9 am, Guild Room. Dean Richardson continues our communal reflection on target/non-target identity and the social dance we perform to deal with our differences.

**BIBLE STUDIES** – 9 am – Canon Jack Lindquist's Bible Study continues in the Fireside Room and Dr. Stewart Dadmun's Bible Study continues in the Cathedral Parlor.

**SUMMER SUNDAY SCHOOL** – Continues through August 26, 10:30 am, Upper Room. These classes are offered to children ages 4 – 10.

**CATHEDRAL GREETERS NEEDED** - August 5, 12:15 am, Office of Membership & Development. Do you remember feeling awkward on your first day at a new church? Ever felt "alone in the crowd?" The truth is, the larger a church gets, the more we need to work at welcoming newcomers and members alike. Working in teams, Greeters welcome people to St. Paul's, staff our visitors' table and mingle at coffee hour. It takes only a couple of hours a month but it's a fun and vibrant ministry. If interested, please join us! For more information, contact Chris Harris at [harrisc@stpaulcathedral.org](mailto:harrisc@stpaulcathedral.org).

**EPISCOPAL RELIEF & DEVELOPMENT** – Following the 10:30 am service, Queen's Courtyard. New organic, fair trade snacks from Equal Exchange will be for sale today. The new products include Tamari Roasted Almonds, Roasted Salted Pecans and Dried Sweetened Cranberries. **Try a free sample!** Bishops Blend Coffee and Equal Exchange teas, chocolates and cocoas will also be available for sale.

**EVENSONG** – 5 pm, Cathedral. The service of Evensong is a part of the Church's continuous worship. This particular form of Evensong was created by Archbishop Thomas Cranmer (1489-1556) and is a fusion of the two monastic evening offices of Vespers and Compline. Combining a Psalm and readings from the Old and New Testaments, the *Magnificat* (Song of Mary) and *Nunc Dimittis* (Song of Simeon) followed by an anthem for the season, this lovely, meditative service is a fitting end to a busy week and a quiet preparation for the week to come.

**PACEM INTRODUCES COMPLINE TO ST. PAUL'S** – Beginning today and every Sunday thereafter, 8:30 – 9 pm, Cathedral. The ancient, candlelit service of Compline provides the environment needed to clear the mind of distraction and desire, allowing the mind to enter a meditative space that brings spiritual peace. It is a contemplative and quiet liturgy of music, lessons and prayers. This program is partially funded through a Worship Renewal Grant from the Calvin Institute of Christian Worship with funds provided by Lilly Endowment, Inc.

As you are aware, the Cathedral community has raised up its first seminarian in many years, Tom Wilson. As is the custom for the home congregation, we will continue to support Tom with our prayers and encouragement. But we also want to send Tom to the Church Divinity School of the Pacific (CDSP) with financial support to help defray the costs of travel, books, tuition, etc. You will find envelopes in the church porches marked, "The Seminarian Fund." **PLEASE NOTE: If writing a check, please make it out to St. Paul's Cathedral. In the memo line, write Seminarian Fund.** You may put your donation in the mail or the collection plate, or deliver it to the Cathedral Office.

**MARK YOUR CALENDAR** - Tom will be preaching at both the 8:00 a.m. and 10:30 a.m. services on Sunday, August 19. We would like to present this gift to Tom on his last Sunday before leaving for CDSP.

## PRAYER & WORSHIP

**LABYRINTH WALK** – August 8, 6 pm, Great Hall. Facilitators will be present to introduce the Labyrinth to those unfamiliar with this ancient meditation tool.

**JOIN THE SUMMER VOLUNTARY CHOIR** – August 12, and 26, 10:30 am, Cathedral. **No auditions, no rehearsals needed** anyone with a voice and interest is welcome! **Simply show up Sunday mornings (August 12 and 26) at 9:30 am in the Choir Room.** We will lead the singing of the service music; sing the appointed psalm for the day as well as one anthem. **Singers are encouraged, however, to sign up in advance to aid in music planning.** Contact Martin Green, Canon for Music, for further information at 619.298.7261 x 318 or [greenm@stpaulcathedral.org](mailto:greenm@stpaulcathedral.org).



**THE FEAST OF ST. MARY THE VIRGIN** – Wednesday, August 15, 7 pm, Cathedral. This service features a special liturgy from *The Council of Women's Ministries of the Episcopal Church* and music provided by Merja Soria with the Finnish folk harp. The Rev. Canon Lee Teed will preach with The Rev. Canon Allisyn Thomas presiding. A special reception in the Guild Room with champagne and finger foods will follow. Come help us celebrate this important "red-letter day" in the liturgical life of the Episcopal Church.

## EDUCATION & CHRISTIAN FORMATION

**FORUM: SERVING GOD BY SERVING THOSE IN NEED** – Sunday, August 12, 9 am Guild Room. Leslie Keller, Executive Director of Episcopal Community Services (ECS), will examine how and why we are called to live out the Gospel through service to those in need. Since 1927, ECS has served the San Diego Community by providing outreach and social welfare programs to its most vulnerable members.

**FORUM: HEALTH DISPARITIES RESEARCH IN THE SOUTHWEST. Does Culture Matter?** – Sunday, August 19, 9 am, Guild Room. Dr. Flavio Marsiglia will provide a summary of some of the emerging themes of the research being conducted at the Southwest Interdisciplinary Research Center (SIRC) at Arizona State University. The presentation will focus on projects being conducted in partnership with Mexican/Mexican American and American Indian communities.

**FORUM: JOHN DOMINIC CROSSAN ON JESUS** - Sunday, August 26, 9 am, Guild Room. John Dominic Crossan is a professor of Biblical Studies at DePaul University in Chicago and is considered an expert on the historical Jesus. While some consider his views on Jesus and Christianity to be heretical, others believe his work to be among the finest in separating the facts from the myth of Jesus' life and ministry. Canon Allisyn Thomas will discuss some of Crossan's key points and invite discussion from those present.

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## PASTORAL CARE & WELLNESS

**MOBILE HEALTH CLINIC** – Thursdays, August 16 and 30, 9 am – noon, Olive & Sixth Parking Lot. The Mobile Health Clinic provides medical care at no financial cost to those without insurance.

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## MUSIC & ARTS



**SUMMER SINGS** – Based on the popular Messiah Sing-along, the Summer Sings provide an opportunity to learn, or re-learn a major choral piece led by an accomplished conductor. All sings are \$15 each. Those 25 years of age and under are invited to participate for free; all listeners are admitted free.

**PACEM SUMMER SING No. 5** - Wednesday, August 8, 7:30 pm, Cathedral. Anne Whattoff, PACEM Executive Director, conducts Johannes Brahms' *Requiem*.

**PACEM SUMMER SING No.6** – Wednesday, August 22, 7:30 pm, Cathedral. Martin Neary returns to conduct Handel's *Messiah* (which will be the first work of PACEM's season and will be performed at St. Paul's Cathedral on November 30, 2007). The Summer Sings are free to those under 25 and to listeners.

**SECOND SATURDAY CINEMA** – August 11, 7 pm, Guild Room. *Mrs. Brown* (1986, NR) stars Dame Judi Dench. Queen Victoria deeply depressed after the death of her husband, disappears from public. Her servant Brown, who adores her, brings her back to life but that relationship creates a scandalous situation and is likely to lead to a crisis for the monarchy. Free admission. Light refreshments are provided. Sponsored by the Cathedral Center for the Performing and Visual Arts.

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## SMALL GROUPS & ACTIVITIES

**PET WALK** – Saturday, August 18, 9 am, Sixth Ave. Courtyard. Animal lovers from St. Paul's (and from everywhere) are coming together for a "stroll in the park." Our pets can meet and play together, and so can we. We are gathering in the Sixth Ave. Courtyard and walking over to Balboa Park's nearby "Dog Park." Information email Elizabeth: em2006yes@yahoo.com.



**URBAN COLLECTIVE: 20s & 30s @ St. Paul's - August Bonfire & Potluck** – Saturday, August 18, Del Mar. Summer wouldn't be complete without a bonfire! Come and meet other Gen X and Gen Y'ers at the Cathedral. Contact Heather Naddour at hnaddour@yahoo.com or Chris Harris at 619-298-7261 x334 for more info.



**ST. PAUL'S AT THE PADRES** – Sunday, August 19, 1 pm. This will be the last Cathedral baseball event. Come see the Padres trounce the Houston Astros. Contact Norm Crispen for information at 619.692.3328 and to reserve tickets.

**URBAN COLLECTIVE: 20s & 30s @ St. Paul's – Theology on Tap**- Monday, August 20, 6:30 pm, Hennessey's Downtown, 708 Fourth Avenue. Join us for food and drink specials followed by a stimulating presentation and small group discussion. This promises to be a fun and thought-provoking evening so bring your friends. Contact Heather Naddour at hnaddour@yahoo.com or Chris Harris at 619-298-7261 x334.

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## VOLUNTEER OPPORTUNITIES

**INTERESTED IN CAMPUS BEAUTIFICATION?** – Sunday, August 12, following the 10:30 am service, Office of Membership & Development. This meeting is for anyone with an interest in gardening, landscaping, maintenance or woodworking. The meeting will focus on the needs of the cathedral and ideas for future projects and how you can help. For more information contact Jane Vander Velde at 619.795.6358.

## DID YOU KNOW...

The Summer Sunday School says a big "thank you" to everyone for your purchases of lemonade last Sunday. As a result of your generosity, we will be able to send a goat to two families in Africa through Heifer International.

